Joining a Teams Meeting

To join a meeting, click on Join Microsoft Teams Meeting in the email and join as a guest.

You will be redirected to a page where you will have to make a choice:

- Join on the web (no download required)
- Download the desktop application
- Open the Teams app (Teams desktop application if it is installed)

Note: The actual page may differ in appearance depending on the version:

Old page	New Page		
Microsoft TeamsImage: Strain St	WHY OR CONTRACT OF CONTRACT. CONTRACT OF CONTRACT. CONTRACT OF CONTRACT OF CONTRACT OF CONTRACT OF CONTRACT OF CONTRACT.	→	Continue on this browser No download or installation required. Download the Windows app Use the desktop app for the best experience. Open your Teams app Already have it? Go right to your meeting.
Third-Party Disclosures			

When joining the meeting you will need to choose if you want to use your microphone and camera. We ask that you do not have these on for the meeting.



Finally, you will need to enter a name, and click Join:



Note: Please ensure that your camera and microphone are off before joining the meeting.